



Physical Education Annual Overview

Whitehouse Primary School

Autumn 1						
EYFS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Health and Fitness	Health and Fitness	Health and Fitness	Gymnastics	Gymnastics	Health and Fitness	Health and Fitness
Gymnastics	Gymnastics	Gymnastics			Badminton	Badminton
Health and Fitness	Health and Fitness	Health and Fitness	Health and Fitness/ Cross Country	Health and Fitness/ Cross Country	Cross Country	Cross Country
Exploration and Development	Multi Skills	Multi Skills	Ball Skills (End ball, Netball, Basketball)	Ball Skills (End ball, Netball, Basketball)	Hockey	Hockey

Autumn 2						
EYFS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Gymnastics	Gymnastics	Gymnastics	Badminton	Badminton	Indoor Athletics	Indoor Athletics
Multi Skills (Teams)	Net wall based	Net wall based	Football	Football	Basketball, Netball, Football	Basketball, Netball, Football

Spring 1						
EYFS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Dance	Dance	Dance	Indoor Athletics	Indoor Athletics	Gymnastics	Gymnastics
Multi Skills (Individual/Pair)	Invasion based	Invasion based	Hockey	Hockey	Tag Rugby/Football	Tag Rugby/Football

Spring 2						
EYFS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Mini Athletics	Health and Fitness	Health and Fitness	Dance	Dance	Dance	Dance
Multi Skills	Striking based	Striking based	Athletics	Athletics	Athletics	Athletics

Summer 1						
EYFS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Multi Sports	Multi Sports	Multi Sports	Tennis	Tennis	Tennis	Tennis
Multi Sports	Athletics	Athletics	Cricket	Cricket	Cricket	Cricket

Summer 2						
EYFS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
OAA	Team Games	Team Games	OAA	OAA	OAA	OAA
OAA	OAA	OAA	Rounders	Rounders	Rounders	Rounders