



WPS Dance Progression Framework

Learning objectives	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
EY								
	To perform basic movement actions safely and with control	To be able to show basic gestures and expressions to reflect theme	To be able to move with control at different speeds/ directions	To cooperate with a partner when moving	To be able to remember and repeat a simple action	To mimic the actions of various stimuli e.g. animals	To follow simple actions and link 2 of them	To be able to copy moves & work safely
Year 1								
	To perform controlled movement actions showing a change of speed	To be able to start and stop to the music with control	To move from high to low slowly	To be able to take off and land with control & quietly	To be able to turn and stop in time to a tambour	To use both hand and arm gestures in movements	To link 3 similar moves together with confidence	To be able to say what is good about a dance motif
Year 2								
	To move confidently around space both alone or following a partner	To demonstrate extension of arms and legs when holding still positions	To be able to move from high to low with control	To gain height in air and land on either foot	To be able to turn with a partner at different speeds	To be able to use your body to show emotions	To be able to remember & repeat a short motif	To be able to describe the mood and feelings of a dance

EY to Year 6 Learning Objectives for Dance

Year 3

	To move in a variety of ways using different pathways.	To move into & out of held positions with control	To show a variety of ways moving from high to low	To perform a moving leap with control	To use a turning movement to travel in a different direction	To be able to tell stories through movement	To develop a motif to include own moves.	To be able to recognise and discuss quality of movements used
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Year 4

	To be able to move in chosen way, showing change in level, for a count of 8 beats	To demonstrate control when holding a position on different body parts and levels	To demonstrate creativity when changing levels	To perform a variety of shapes in the air and controlled landing	To perform a variety of turns in different directions	To be able to use appropriate gestures to reflect music	To develop a motif that includes a change of level, speed, pathway and direction	To use key terminology when describing a dance
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Year 5

	To be able to link a variety of moves with partner/small group	To be able to move into and out of a still position in time with partner	To be able to incorporate a change of levels within partner work	To be able to link jumps together in time with partner	To show control in both arms and legs when performing a variety of turns	To perform a sequence using actions/reactions with a partner	To compose a creative sequence showing a clear start and finish position	To be able to comment on a sequence show understanding of theme
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Year 6

	To be able to perform a variety of linked moves in time with the music	To move into/out of held positions with fluidity and in time to music	To show creativity in change of levels/speed & direction within a group sequence	To perform leaps in time with a group and the music	To perform turns in canon/unison with a partner/group	To create a motif of movements that convey feelings	To perform own sequences to reflect the music/theme/stimulus	To be able to evaluate work against a given criteria
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