



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Introduction to PE : Unit 2	Gymnastics : Unit 1	Dance : Unit 1	Games : Unit 1	Ball Skills : Unit 1
Reception	Introduction to PE : Unit 1	Introduction to PE : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Games : Unit 2	Ball Skills : Unit 2
Year 1	Ball Skills Dance	Gymnastics Sending and Receiving	Invasion Games Net and Wall Games	Target Games Fundamentals	Fitness Team Building	Striking and Fielding Games Athletics
Year 2	Ball Skills Dance	Sending and Receiving Gymnastics	Invasion Games Net and Wall Games	Target Games Fundamentals	Fitness Team Building	Striking and Fielding Games Athletics
Year 3	Dance Fitness	Gymnastics Rugby	Hockey Dodgeball	Netball Football	Rounders Cricket	Tennis Athletics
Year 4	Gymnastics Fitness	Dance Rugby	Hockey Dodgeball	Netball Football	Rounders Cricket	Tennis Athletics
Year 5	Gymnastics Fitness	Dance Rugby	Hockey Football	Basketball OAA	Handball Cricket	Rounders Athletics
Year 6	Gymnastics Fitness	Dance Rugby	Hockey Football	Badminton Y5/6 OAA	Tennis Cricket	Rounders Athletics